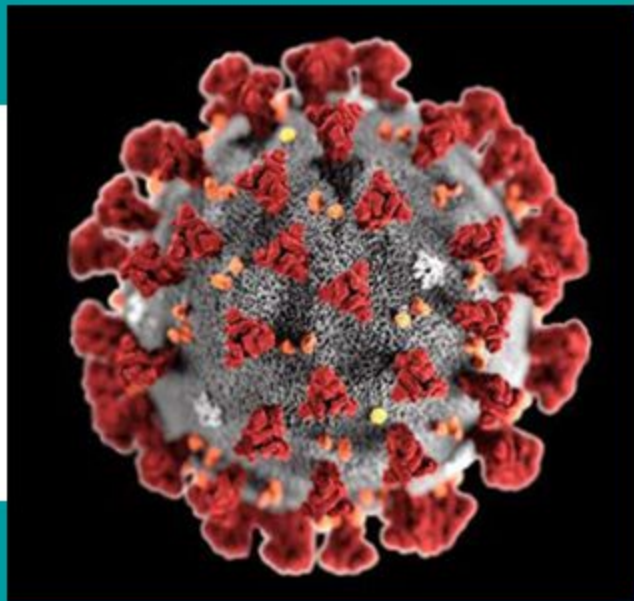


# WHAT IS COVID-19

Coronavirus disease 2019(COVID-19) is an infectious disease caused by severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2)



# SYMPTOMS



## HOW IT SPREADS

- HUMAN CONTACT
- AIR TRANSMISSION
- COUGH OR SNEEZE
- CONTAMINATED OBJECTS

# "High Frequency" Touch Surfaces



- Telephones
- Mobile Phone / Pager
- Door Knobs / Handles
- Lift / Elevator Buttons
- Keypad & Mouse
- Chair arms
- Hand rails
- Side rails of stretchers

# Cleaning Protocol - Residential Areas



Sweeping and Mopping **Twice daily (Morning & Evening)**

Cleaning of the hand rails of the stairs cases, grill **daily**

Lifts to be wiped on all sides including the floor

Main doors, door handles, knobs to be cleaned **Every 4 Hours**

Recreation clubs to be cleaned **twice daily**

Common waiting areas chairs to be cleaned in **every 4 hours**

7% Lysol spray in common areas with high touch points like gates, barricades **once a day**



# Cleaning Protocol

## Bus / Institutional Vehicles

- All seats, seat handles, handrails, window rails, windows, door to be cleaned **after every trip**. Ventilate for 30 minutes.
- Floor of the bus, tyres to be cleaned **twice a day**.
- Body of the bus to be wiped everyday morning. One round of 7% Lysol spray **in the evening**.

# 8 Steps of effective Hand Washing



Wet your hand with water and apply handwash



Rub hand palm to palm



Rub palm over the back of the other hand



Scrub between your fingers



Back of fingers to opposing palms with fingers interlocked



Clean Thumbs



Rinse hands thoroughly



Dry Your hands



Wash your hands



Use an alcohol-based  
hand sanitizer



Cover your cough or  
sneeze with a tissue

**HELP STOP COVID-19**  
**THANK YOU**



Avoid touching your  
eyes, nose and mouth



Avoid contact  
with sick people



Disinfect frequently  
touched objects